

Aspirin should never be given to a child.

Acetaminophen (Tylenol): Do not exceed 5 doses in 24 hours. May give every 4-6 hours as needed.

ACETAMINOPHEN	8-11 lbs	12-17 lbs	18-23 lbs	24-35 lbs	36-47 lbs	48-59 lbs	60-71 lbs	Over 72 lbs
Elixir/Suspension 160 mg/5 mL	¼ tsp (1.25 mL)	½ tsp (2.5 mL)	¾ tsp (3.75 mL)	1 tsp (5 mL)	1-1/2 tsp (7.5 mL)	2 tsp (10 mL)	2-1/2 tsp (12.5 mL)	3 tsp (15 mL)
Chewable or Meltaway 80 mg tablets				2 tabs	3 tabs	4 tabs		6 tabs
Chewable or Meltaway Junior 160 mg						2 tabs		3 tabs
Suppository 80 mg		1 supp	1-1/2 supp	2 supp				
Suppository 120 mg			1 supp	1-1/2 supp				
Suppository 325 mg				½ supp	¾ supp	1 supp		

Ibuprofen (for children 6 months and older): May give every 6-8 hours.

IBUPROFEN	12-17 lbs	18-23 lbs	24-35 lbs	36-47 lbs	48-59 lbs	60-88 lbs	Over 88 lbs
Drops 50 mg/1.25 mL	1 dropper (1.25 mL)	1-1/2 droppers (1.875 mL)	2 droppers (2.5 mL)	3 droppers (3.75 mL)			
Suspension 100 mg/5 mL	½ tsp (2.5 mL)	¾ tsp (3.75 mL)	1 tsp (5 mL)	1-1/2 tsp (7.5 mL)	2 tsp (10 mL)	2-1/2 tsp (12.5 mL)	
Chewable tablets 50 mg			2 tablets	3 tablets	4 tablets	5 tablets	
Chewable tablets 100 mg			1 tablet	1-1/2 tablets	2 tablets	2-1/2 tablets	
Tablets 200 mg					1 tablet	1-1/2 tablets	2 tablets

Allergy (for children ONE year and older unless directed by a physician)

	May give every	14-17 lbs	18-23 lbs	24-35 lbs	36-47 lbs	48-59 lbs	60-85 lbs
Diphenhydramine Syrup 12.5 mg/5 mL	6 hours	¾ tsp (3.75 mL)	1 tsp (5 mL)	1-1/2 tsp (7.5 mL)	1-3/4 tsp (8.75 mL)	2 tsp (10 mL)	2 tsp (10 mL)
Diphenhydramine Chews 12.5 mg	4-6 hours				1 tab	2 tabs	3 tabs
Allegra	12 hours				1 tsp	1 tsp	1 tsp
Zyrtec	12-24 hours	½ tsp once a day (2.5 mg)	½ tsp twice a day (2.5 mg)	1 chewable or 1 tsp daily (5 mg)	1 chewable or 1 tsp daily (5 mg)	5-10 mg daily	5-10 mg daily

Cough and Cold (for children SIX years and older) The AAP does **not** recommend OTC cough and cold meds for children under age 6.

	May give every	36-47 lbs	48-59 lbs	60-85 lbs
Dimetapp Cold/Cough	6 hours		2 tsp	3 tsp
Delsym Syrup	12 hours	½ tsp	1 tsp	2 tsp
Robitussin DM Syrup	4 hours	½ tsp	1 tsp	1 tsp
Dimetapp Cold/Allergy	6 hours	1 tsp	1-1/2 tsp	1-1/2 tsp
Pediacare Cough/Cold	4-6 hours	1 tsp	2 tsp	2 tsp
Children's Sudafed Syrup	4-6 hours	1 tsp	2 tsp	2 tsp
Triaminic (orange) Syrup	4 hours		1 tsp	1-2 tsp
Children's Mucinex	4 hours	1 packet	1-2 packets	1-2 packets

Ointments/Lotions

Sunscreen (UVB/UVA Protection) with SPF ≥ 35	Apply to children 6 months and older every 4-6 hours to exposed areas as needed
Diaper Ointment	Apply to diaper area with every diaper change as needed

Caution: We recommend that you use the dropper or dosage cup that comes with medication to avoid over dosage. Dosage recommendations on the medication bottles may vary from recommendation on this page.